

STUDY SKILLS GUIDE

Research has shown that implementing sound study skills and time management contributes to a student's success in a course. Below are several suggested worksheets and websites for you to implement during the SOS review sessions as well as when you begin your courses in the fall.

Study Skills links can be found at www.bloomfield.edu/tutorial.

What to do before the course begins in the semester?

- Math Study Skills Inventory <http://mtsu32.mtsu.edu:11064/skill.html>
This questionnaire determines how you approach your study habits for your math classes. Choose one or two strategies in each category to work on until you are using most of the strategies described above.
- Learning Styles Inventory <http://www.metamath.com/lswweb/dvclearn.htm>
This questionnaire determines the best way you learn; visually, auditorily, or kinesthetically. Use the strategies provided to increase your chances of success.

What to do once the course begins in the semester?

- Time Management
Research has shown that managing your (professional or personal) time effectively leads a person to be successful and have less stress in their lives. The following links provide an inventory of how you spend your time and how to re-organize it to allow time for your studies.
www.ucc.vt.edu/lynch/SSTime.htm
<http://www.studygs.net/timman.htm>
- Note-Taking Skills
Writing every word a professor says or every word written on the board does not automatically make you a good note-taker. Implement some of the strategies suggested to improve your note-taking skills and ultimately, your notes will take on new meaning.
<http://www.dartmouth.edu/~acskills/success/notes.html>
http://users.bloomfield.edu/department/tutorial/BASIC_SKILLS/BASIC-SKILLS-HOME.htm
- Preparation for the Class <http://www.studygs.net/classrm.htm>
It is not enough to show up for the class and just listen to what the professor has to say. You need to come prepared to class with having done several activities.

What to do when you need to study for a test?

- Preparation for a Test <http://www.studygs.net/tstprp1.htm>
It is not enough to read over your notes the day before a test. To aim for an A on a test, you must begin studying for it days before. Follow the given suggestions so that you can get that top grade.
- Test-Taking Strategies <http://www.studygs.net/tsttak1.htm>
You arrive to class exactly on time, put your name on the test paper and proceed to “barrel” through the questions. This is not conducive to you doing well on the test. Read about what you should do on the day of a test.

- Dealing with Test Anxiety <http://www.studygs.net/tstprp8.htm>
If you find yourself saying “I never do well on math tests.” or “I study for days and then I blank when I take the test.”, then you would find it helpful to follow advice on how to ease your apprehension about taking math tests.
- Post-Test Strategies <http://www.bucks.edu/%7Especpop/Evaltest.htm>
Don't stick your graded test paper into your book bag and forget about it. Read about the wealth of information a returned test with teacher's comments gives you so that you do better next time.

What other resources are available to help me learn the material?

Students should not rely solely on the instructor's class lecture or notes as the resource to succeed in the course. It is the student's responsibility to find the information they need in other places. The following are some suggestions.

- Textbook and its solutions manual
- Classmates
- YouTube – there are math tutorials on many topics from basic math to algebra.
- Math websites (links can be found at www.bloomfield.edu/tutorial)